







### **Devil's** throat

Allow yourself to be awe-inspired by the most impressive cascade of the Iguazú Falls, with a total drop spanning 84 meters. Walk a little over a kilometer on the boardwalks that cross the Upper River Iguazú, appreciating the jungle scenery. Enjoy bird watching - there are many swifts in the early morning and at sunset before they return to their nests behind the waterfall.

On the map: Difficulty level: EASY

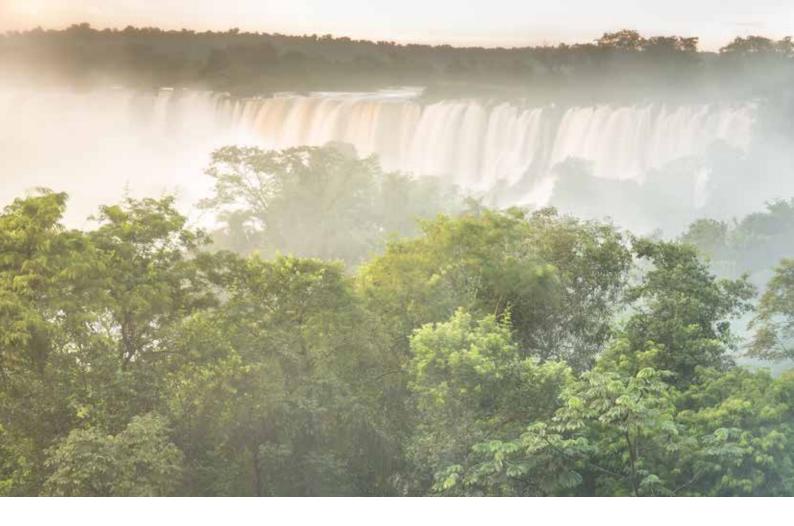
(each way):

Travel time 30 MINUTES

Total time:

3:30 HOURS HIKE

Type:



### **UPPER & LOWER CIRCUITS**

#### **MACUCO PATH**

Admire the views from above and below the San Martín, Bossetti and Dos Hermanas waterfalls, each set in lush vegetation. We recommend heading out early from the hotel in order to enjoy these circuits before the crowds arrive, taking a gentle stroll along 3.5 km of walkways.

A first approach to the Atlantic forest and its fauna in one of the least visited circuits of the Iguazú National Park. With a total distance of 7km, this walk allows visitors to discover the wilder side of this popular park at their own pace. A smaller waterfall of 20 meters, the Salto Arrechea, and the natural pool that forms at its feet marks the end of the way.

On the map: Difficulty level: Travel time A 2 **EASY 30 MINUTES** 

(each way):

Total time: **3:30 HOURS** Type: HIKE

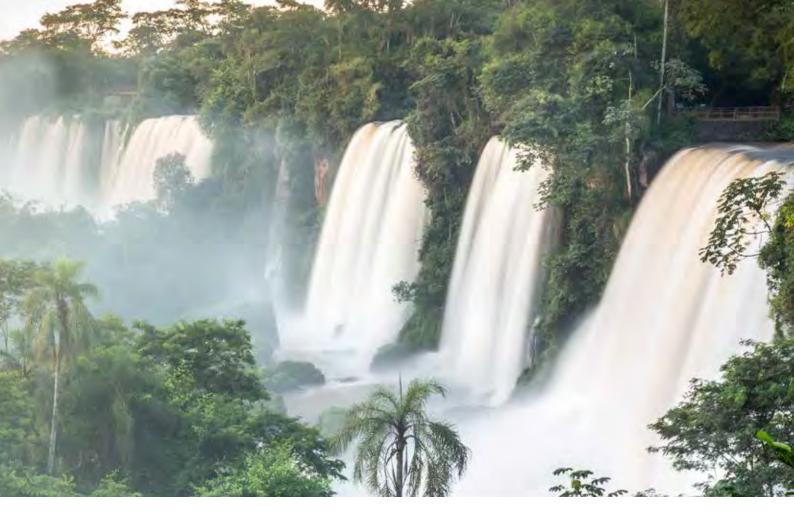
On the map: Difficulty level: Travel time

**EASY 30 MINUTES** 

(each way):

Total time: 3:00 HOURS HIKE

Type:



#### IGUAÇU FALLS **BRAZIL**

Seeing the Iguaçu Falls from the Brazilian side offers a complementary experience to the Argentine perspective. From their walkways, visitors can get breathtaking panoramic views. It is possible to comfortably explore the 1,2 km path on foot, or add a little adventure to the experience by cycling the 12km that separate the entrance of the Park from the walkways. Bear in mind that, on the drive there, it is necessary to cross an international border.

Attention: Brazil requires an entry Visa for some nationalities, which must be processed in advance.

> On the map: Difficulty level:

Travel time (each way): Total time: Type:

A 4 EASY 60 MINUTES (subject to border crossing) 4:00 HOURS HIKE & BIKE (optional)



#### **EL ÑANDÚ TRIPLE BORDER BIKE PATH**

An adventure ride by bicycle, crossing the red dirt roads in a lesser-visited area of the National Park. After a 30-minute drive we arrive at the starting point, from where we will travel on rough roads surrounded by jungle. We will reach the banks of the Iguazu River, just behind the Devil's Throat. We might even appreciate some mist in the distance.

Learn about the history of Puerto Iguazú, visiting the port where tree trunks, and yerba mate grows in the jungle, were historically shipped out. Take a boat ride to the confluence of the Rivers Iguazú and Paraná, serving as a border for three countries - Argentina, Brazil and Paraguay - and the point of origin of the Iguazú Falls, according to geologists.

#### Beware that this activity might be shared with other Awasi guests

On the map: Difficulty level:

**MEDIUM** Travel time **30 MINUTES** 

A 5

(each way):

Total time: **3:00 HOURS** Type: CAR / BIKING On the map:

Difficulty level: Travel time

(each way): Total time: A 6 **EASY** 

15 MIN BY CAR 45 MIN BY BIKE 2:30 HOURS

Type: CAR / BIKING (optional)

+ BOAT



### MBYA GUARANI COMMUNITY

For those interested in culture, this excursion gives you an insight into the life, customs and traditions of the Guaraní villagers, the original inhabitants of these lands, guardians of the Iguazú Falls. Experience this melting pot of cultures, enjoying the unique experience of being guided by locals, who will reveal the hunting traps they use to catch food, their traditional medicinal plants and the artisan crafts they make from materials found in the jungle.

#### SURVIVAL **EXPERIENCE**

Have you ever wondered how to purify water with basic elements found in nature? How to light a fire without matches? Or how to recognize an edible plant from a toxic one? Acquire the basic tools of orientation, recognition and survival in the jungle in this fun activity with the guides of Awasi.

On the map: Difficulty level:

A 7 **EASY** Travel time 10 MIN BY CAR (each way): 20 MIN BY BIKE Total time: 3:00 HOURS Type: HIKE, BIKE

On the map: Difficulty level: Travel time (each way):

A 8 **MEDIUM** 10 MINUTES

Total time: 2:00 HOURS Type: HIKE



## Güira Oga

On the map: Difficulty level: Travel time (each way): Total time:

Type:

A 9 EASY 15 MINUTES

2:00 HOURS CAR / BIKE + HIKE Güira Oga is a rehabilitation centre for native fauna that is affected by problems such as illegal animal trafficking, poachers or traffic accidents. Visiting this refuge is a way to support professionals who work for the preservation of threatened species and try to reintroduce them to their natural habitat.



### Puerto Península Park

Enjoy an interpretive hike in one of the protected areas that are closest to Puerto Iguazú. We will look for evidence of animal presence by checking trap cameras that are placed in high traffic places such as paths, water sources or mineral licks.

On the map: Difficulty level:

A 10 **EASY** 

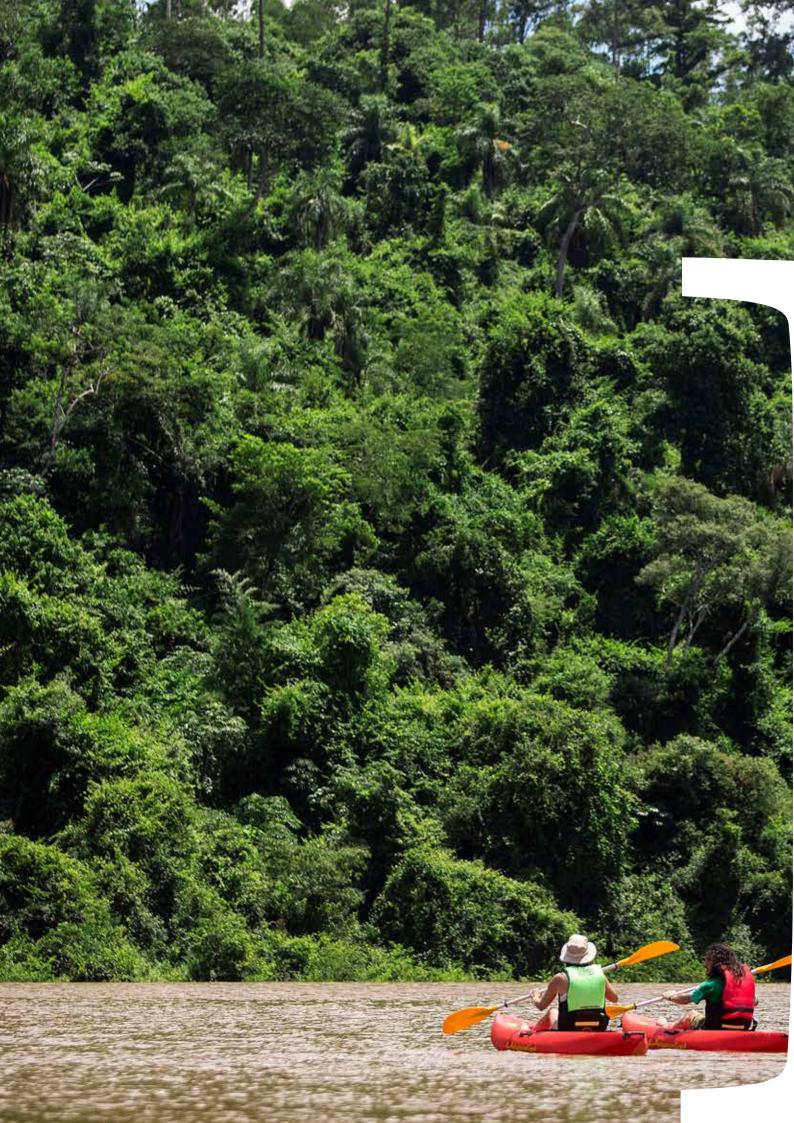
Travel time

**30 MINUTES** 

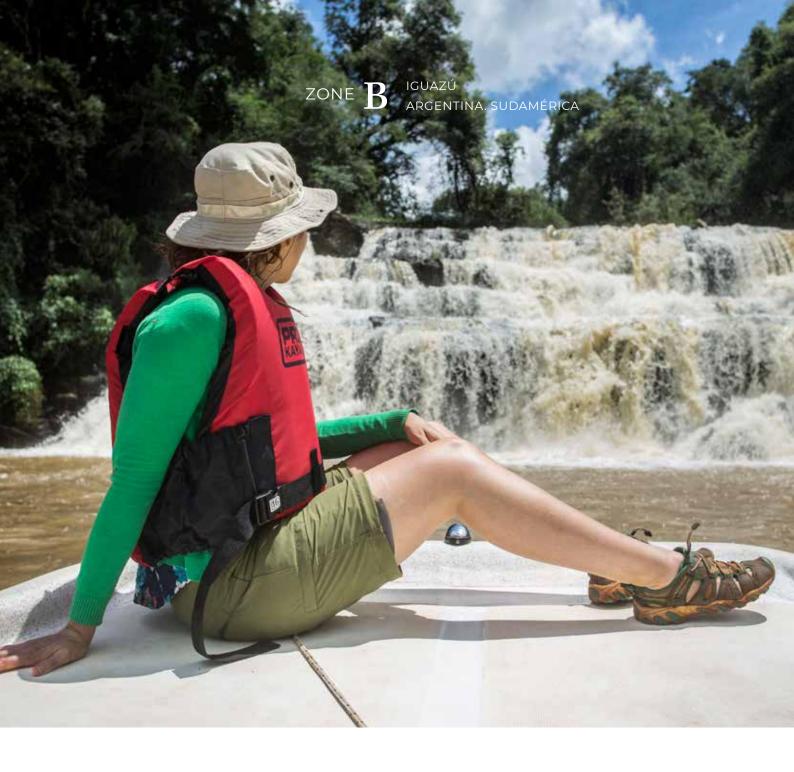
(each way):

Total time: 2:00 HOURS

Type: CAR + HIKE







### Excursion to Alto Paraná

On the map: Difficulty level: Travel time (each way): Total time: Type:

EASY - MEDIUM

1 HOUR

5/6 HOURS

CAR, HIKE,

**NAVIGATION** 

At the point where the jungle meets the Urugua-í Creek, the most unusual geological formations are found, with semiprecious stones encrusted in the rocks. Archaeologists believe this was the home of the pre-Guaraní civilizations, as the area provides ready available food and shelter. Explore along the waters of the Paraná, either by boat, kayak, finishing with a refreshing swim in the waters below the hidden Yasí Waterfall.



### Yerba Mate Drying plant

"Mate" tea is more than a drink: it is a true cultural icon in Argentina, Uruguay, Paraguay and southern Brazil; and is cultivated in the province of Misiones. Discover the secrets of the plantations, the drying of its leaves and the production process of one of the region's economic engines.

On the map: Difficulty level: Travel time (each way): Total time:

B 2 EASY

(each way): 1:00 HOURTotal time: 3:00 HOURSType: CAR, HIKE

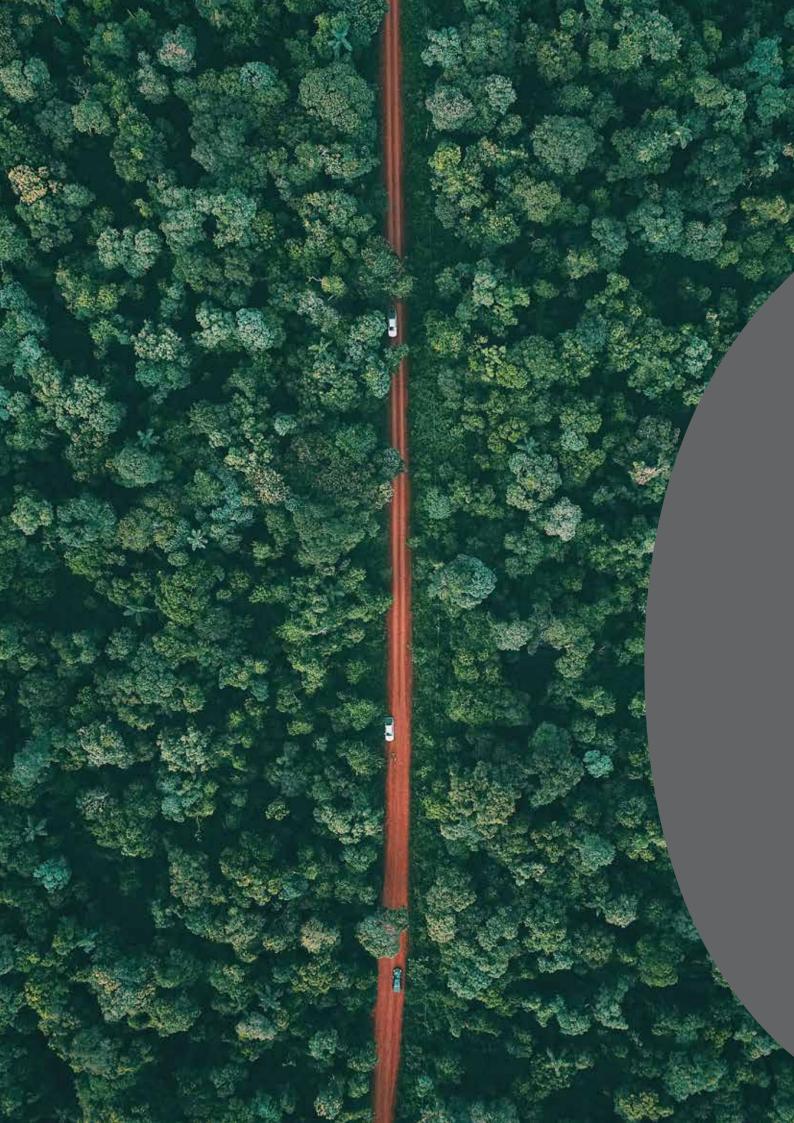


## Urugua-i Lake



On the map: Difficulty level: Travel time (each way): Total time: Type: B 3 EASY / MEDIUM

1 HOUR 3:00 HOURS CAR, BOAT, KAYAK / SUP While it was originated by a dam, this lake was turned into a natural sanctuary to preserve the quality of its ecosystem. The scarce human presence, the existence of hidden salt water springs and peculiarities such as a submerged forest favor the presence of some animals such as capybaras and otters. We can explore some parts of this special landscape by boat or by Stand Up Paddle Board.





### ZONE C ATLANTIC RAINFOREST

This is where the region's best-preserved jungle can be appreciated. It extends parallel to the National Highway No. 101, which passes right through the Iguazú National Park and finally reaches its eastern border. This isolated area offers a great range of sights, from the Awasi Yacu-í Reserve to the Uruzú Ranger Station in the Urugua-í Provincial Park, with trails that offer excellent bird watching and wildlife opportunities. For those interested in learning about the local culture there is also the option of visiting a typical yerba mate farm.







### Yacu-í Reserve

Discover the region's best-preserved area of Atlantic Rainforest. Cross right through the Iguazú National Park on the beautiful National Road No. 101, until you reach the Awasi Yacu-í Reserve. Here you will see extremely rare species, such as Rosewood Trees (Palo Rosa), Palm Heart Trees (Palmeras Palmito) and primitive tree ferns. At the Yacuí creek, guests can take out kayaks or simply enjoy a moment of rest and contemplation at it's shore.

On the map: Difficulty level: Travel time (each way):

Total time:

Type:

**EASY-MEDIUM** 

2 HOURS 8 HOURS HIKING,

KAYAKING







# Uruzú Ranger Station

This ranger station is one of the gateways to the Urugua-í Provincial Park, an area of excellently preserved jungle, globally recognised for its biodiversity. Its extensive trails are ideal for those who love bird watching. A salt lick offers the chance, with a little luck, to view some of the larger and elusive mammals.

On the map: D1 Difficulty level:

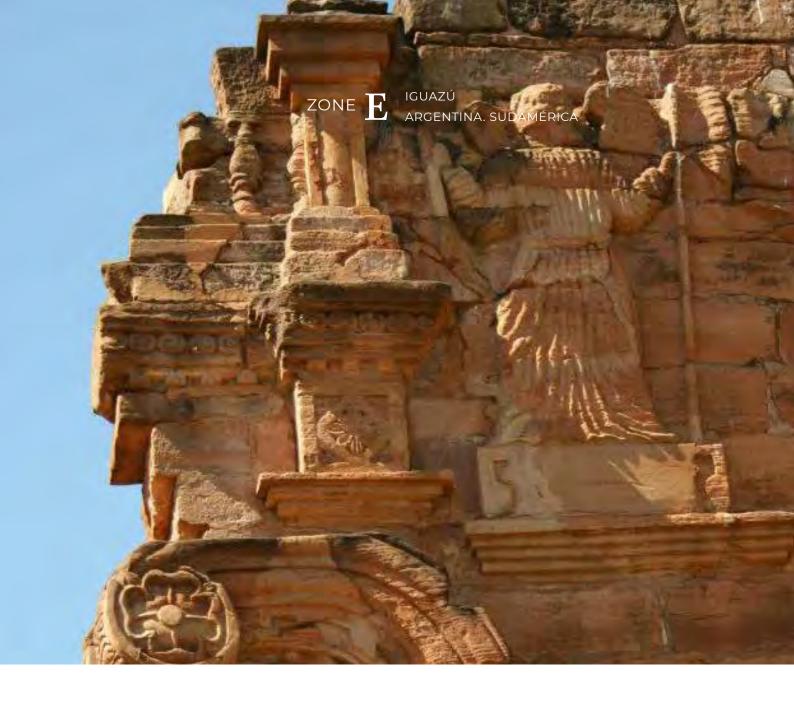
**EASY** 

Travel time

(each way): 2 HOURS Total time: 7 HOURS Type: HIKING







Jesuit Missions of San Ignacio Miní, Nuestra Señora de Loreto y Santa Ana



If you are interested in history and culture, don't think twice  $% \left\{ 1,2,...,4,...\right\}$ before opting for this excursion to the Jesuit Missionary Ruins. In the 17th and 18th centuries the Jesuits came to live and work with the Guaraní tribes. The three missionary settlements we are able to visit are all Unesco World Heritage Sites, located 15 km from one another, each with unique characteristics making all three worth visiting.

On the map: Difficulty level: Travel time (each way): Total time: Type:







EASY

3:30 HOURS 10 HOURS HIKING



### TEYÚ CUARÉ RESERVE

If you are looking to complement a visit to the Jesuit Missions with a walk though nature, this protected area is ideal. From the Teyú Cuaré Park you can appreciate stunning views of the Paraná River and its crags, since the geography and is different from that around Puerto Iguazú. Near the southern limit of the province, this is the transition area between the Atlantic Forest and the grasslands of the Corrientes area.

On the map: E 4
Difficulty level: MEDIUM
Travel time
(each way): 3:30 HOURS
Total time: 10 HOURS
Type: HIKE



### HORACIO QUIROGA'S HOUSE

For literature fans, the jungle around San Ignacio bears a small surprise. Horacio Quiroga was one of the most acclaimed writers of Latin America, and his former residency can be visited here. Surrounded by dense rainforest, one can imagine how this environment inspired his work. Many of his stories are set in the area and feature many local references and tales, and have a dark, sometimes bizarre narrative.

 $^*$ This visit takes only about 1 hour, so it is ideally combined with the Jesuit Missions to justify the journey.

On the map: E 5
Difficulty level: EASY
Travel time

(each way): 3:30 HOURS
Total time: 10 HOURS
Type: HIKE

